



The Parkland Federation

Aim High, Work Hard, Dream Big

Guten Tag - Hello in German



12th November 2021

Dear Parents and Carers,

A very warm welcome to Term 2. We hope you all had a restful break. We have thoroughly enjoyed opening up the schools for socially distanced tours for prospective parents who will shortly be choosing schools for pupils starting EYFS or Year 3 in September 2022. We have been absolutely delighted with the feedback received from parents viewing our site, meeting staff and looking at some of the children's work. We have added an additional date to our tours schedule due to popular demand. Details of these are on our website.

Monday 15th November sees the start of [Anti-Bullying Week](#) across the schools. We have the highest expectations of behaviour and children are taught about our indigo Rainbow Rule which is 'We are kind'. We always aim to ensure children learn the difference between acceptable and unacceptable behaviour both in how they act and how they behave online. We also have a strong expectation that staff and parents lead by example to role model this to children.

If you do have any concerns about your child, please do speak to the class teacher or a member of the Senior Leadership Team who will be very happy to offer help & support.





EYFS

It has been a very exciting two weeks in Reception, with our new topic of "People who help us!" Last week we learned all about firefighters and the incredible job they do in keeping us safe. This week, we were solving a most heinous crime! The sweet thief of Paper Lane has struck again! We gathered lots of evidence, met a real Police Officer and we took our fingerprints to eliminate ourselves from the enquiries. Thankfully the sweet thief has now been brought to justice! Well done, Inkpen and Kerr Class!

Congratulations to our Stars of the Week - Jenson & George (Kerr) Arlo & Archie (Inkpen). Well done also to our Dojo winners, Mollie & Charlie (Kerr) Mason & Sam (Inkpen).

Year 1

The children have been busy this week creating rain gauges for their Science lesson which they have now placed around the school - we are eagerly awaiting the results! As part of our DT lesson, they walked around the local area and observed some of the houses. The children thoroughly enjoyed themselves and created some fantastic pictures of houses following on from this! Thank you to all the parent helpers who came along on this trip, it was much appreciated! Congratulations to our Stars of the Week - Bethany & Alfred (Donaldson) Lexie and Alex (Shireen) Well done also to our Dojo winners, Fin & Holly (Donaldson) Gracie and Connor (Shireen)

Year 2

Welcome back! We hope you and your families had a wonderful half term. We have been lost without the children and cannot wait to get stuck in again!

This week we have been learning about the UK in Geography, using maps, playdough, an atlas, globes and much, much more. The children have shown great interest in the world around them and asked some fantastic questions. Athena from Santat class said "I want to go to Northern Ireland to see the cliffs" and James L wants to go to Scotland "to see where they filmed Harry Potter"

In DT we started to explore our new topic - 'Puppets'.

Congratulations to our Stars of the Week Remy and Madison (Beaty) & (Santat) Lacie, Olivia & Melody.

Well done also to our Dojo winners, Mason, Trisha and Daniel (Beaty) & Koli, Lola & Rhylei (Santat).



Year 3

The children have been working on their own masterpieces in the style of artist John Dyer, using oil pastels to represent the vibrant colours of the rainforest.

In music, the children are doing a fabulous job of learning the recorder. They can now play 3 notes and join in with songs. They are really focused and controlled following the instructions from our specialist music teacher, Mrs Clay.

Congratulations to our Stars of the week Archie & Isabella (Harrison) & Keira & Zara (Woodson)

Well done to our Dojo winners Mia & Lucy (Harrison) & Isabella & Bella (Woodson)

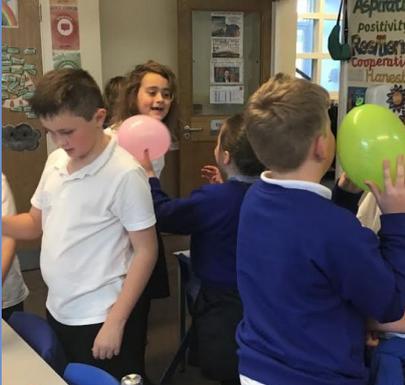


Year 4

Welcome back to Term 2! we hope you and your families had a wonderful half term. We have missed the children very much and cannot wait to begin this term!

Year 4 had a fantastic afternoon investigating how different vibrations were made. They used rice and a drum, talked to each other through a balloon, hit a tuning fork and watched the vibrations reverberate through some water. The children then pinged some elastic bands over a tupperware container and watched the vibrations, as well as listening to the different pitch and tone. This was a wonderful session that the children all enjoyed.

Congratulations to our Stars of the Week - Alexander & Ethan (Blackman) & James & Kirbie (Walliams). Well done also to our Dojo winners, Finley & Lily (Blackman) Ethan & Jack! (Walliams).

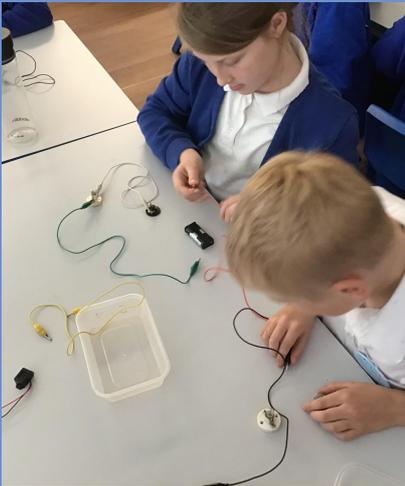


Year 5

Year 5 had the best day at the Herstmonceux Science Centre, this Thursday. After a short coach journey, we were welcomed by the science centre staff. We were so lucky to have the whole centre to ourselves. We watched a fantastic science show with interactive experiments, including some loud bangs and flying objects. The children learnt how to use robot arms, explored the water park and experimented with lots of different hands on activities. All the children behaved beautifully and were a real credit to the school. Thank you to our helpers too!

Congratulations to our Stars of the Week -
Zephaniah: Neveah B and Rosie - Dojo winners-
Carlton and Kai
Wilson: Poppy and Shasmeen - Dojo Winners-
Angel and Amy

Year 6



Year 6 have had a great start to the term. They have continued their work around WWII writing some superb diary entries and letters to loved ones.

In science, the children have used the new circuit boards to create a wide variety of circuits using different components. They have investigated how changing these components can impact on the brightness of the bulbs and the loudness of the buzzers!!

In PSHE, the children showed a true maturity when discussing 'What is normal', they then created their own posters.

Congratulations to our Stars of the Week - Harry (Mian) and Ana (Rosen). Well done also to our Dojo winners, Chloe (Mian) and Jasmine C (Rosen).

This week's attendance:

Excellent attendance at school allows a child to have the best possible start in life. All pupils should aim for at least **97%** attendance in order to ensure they do not miss out on their education.

Inkpen Class (YR) 95%	Kerr Class (YR) 95%	Shireen Class (Y1) 96%
Donaldson Class (Y1) 94%	Santat Class (Y2) 95%	Beaty Class (Y2) 96%
Harrison Class (Y3) 97%	Woodson Class (Y3) 96%	Walliams Class (Y4) 94%
Blackman Class (Y4) 92%	Zephaniah Class (Y5) 94%	Wilson Class (Y5) 94%
Mian Class (Y6) 97%	Rosen Class (Y6) 92%	The Highest Attendance Award goes to Mian and Harrison class. Well done!



School Council Update



A huge **Well done** and **Thank you** for all of your **Harvest Donations!** We donated enough food to feed 24 people for 3 days with our 241.2kg of food!

Our 'Citizen of the Fortnight' at the Juniors is... Amelia in Walliams for being kind and caring on the playground! Our 'Citizen of the Fortnight' at the Infants is... Beatrice in Kerr for always following the Rainbow Rules and being kind to others.



A huge **well done** to our school council for helping to raise money for 'Remembrance Day' this week by selling Poppies. The children across the Federation showed their respect by

Eco Committee Update



As we are all aware there has been lots of news with the recent **COP26** (UN climate change) conference. As we look to tackling climate change, it is clear that we all need to do our bit to help!

Our **eco tip** this fortnight that links to this is to **eat Local!** Buying local produce that has not been flown in is an easy way to be more eco-friendly and supports the farmers close to home.



As a school, we are supporting the Global event - **Just One Tree** day! A letter with details will be sent out very shortly... Watch this space!

Film and TV Rating Advice

Making sure pupils are only watching things that are suitable for their age and stage of development can be difficult to manage, particularly with older siblings at home. We know that streaming services offer a plethora of exciting things to watch. However, watching inappropriate films or TV programmes can really traumatise young children, so please find some useful links below about age restrictions and parental controls.

<https://www.bbfc.co.uk/about-classification/a-parents-guide-to-language>

<https://www.common sense media.org/blog/how-to-set-parental-controls-on-netflix>



Using Social Media

As part of our online safety work with children at school, we focus on appropriate etiquette when using messenger services. Children are taught early on that anything posted online can never be removed due to techniques such as the screenshot. Understanding this will give pupils the tools to avoid conflict, potential bullying and even the risk of legal action as they get older. Children are taught about the negative impact poor online etiquette can have on others. Please do support us at home by discussing this with your child and lead by example.

Please find below some useful information to support you with online safety at home.

<https://www.childnet.com/parents-and-carers>

<https://www.bbc.co.uk/newsround/13908828>



Anti-Bullying Week: 15th - 19th November

Monday will see the start of Anti-Bullying Week which is recognised across the UK. You should have received a Parent Information Pack via email that will help you discuss this with your children at home. We will start the week with an odd socks day, which highlights the importance of recognising individuality. There will also be various activities and assemblies throughout the week to raise awareness. In school, we have Worry Monsters at the infant school for children to use if they have any concerns. The junior children will soon be getting new worry boxes and we also have an online stay safe button on the website. Please always come and see us if you have any questions around behaviour in school or at home. We reiterate the importance of this to the children daily and are always here to support you too.



Well Being Support for Parents

The local charity Holding Space supports parents, carers, children and young people who are struggling with their mental health.

They provide a safe, non-judgmental, confidential space for parents and carers to come together to be supported, to connect, chat and share. They provide support for the whole family.

The support they provide includes : Parent Coffee Mornings, Walk and Talk sessions, Telephone Support, Information and Education advice.

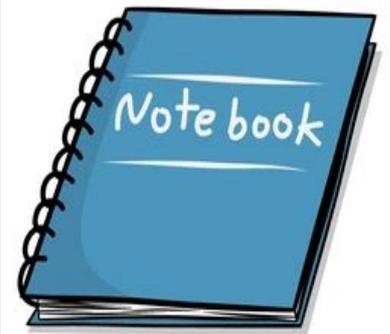
Please contact Mrs Alison Das at alison.das@swale.at for further information, or [click here to link to their website](#)



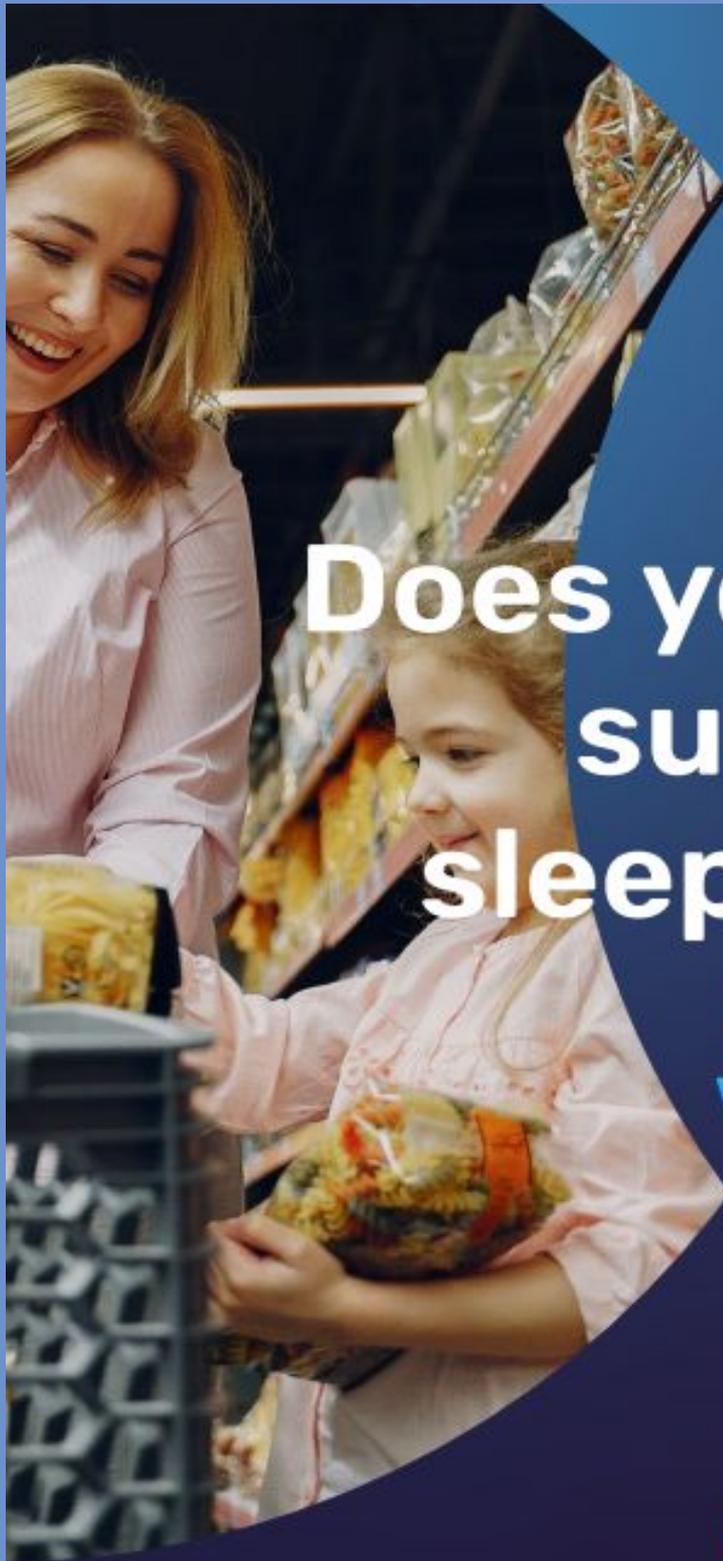
Important Dates and INFORMATION

Diary Dates

15th - 19th November	Anti Bullying Week
15th November	Odd Socks Day
19th November	Children in Need Mufti - Please donate £1 using ParentPay
26th November	Just One Tree Day - dress up in Green. Please donate £1 using ParentPay
15th December	Christmas Dinner Day in School. More information to follow soon
10th January 2022	Infant School Photographer - Van Cols
11th January 2022	Junior School photographer - Van Cols Individual & family
15th January 2022	Deadline for submitting Applications for EYFS & Y3 for September 2022 start



Parent Support Information - National Sleep Helpline



the
national
sleep
helpline

**Does your child
suffer with
sleep issues?**

**Do you struggle
with your child's
bedtime?**

**Will your child
not sleep in
their own bed?**

WE CAN HELP

03303 530 541
Available Sunday - Thursday 7pm - 9pm

www.theparklandfederation.com



**Around 50% of
children will have
a sleep issue at
some point***

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

03303 530 541

**Available Sunday - Thursday
7pm - 9pm**

POWERED BY



IN PARTNERSHIP WITH

**Furniture
Village**

What Parents & Carers Need to Know about

NETFLIX

Netflix is a subscription-based streaming service that allows users to watch TV shows and movies on any internet-enabled device that supports the software, such as smart TVs, phones and tablets. The pandemic saw a surge in children consuming on-demand content as many families relaxed their screen-time rules. Netflix's diverse range of programming caters for all age groups – so it's important for parents to recognise the potential risks of children using the service and the measures to help their child enjoy a safe streaming experience.

INAPPROPRIATE CONTENT

Netflix produces and curates an extensive catalogue of content that can provide hours of entertainment. If they share the same user account as an adult, this can potentially lead to children accidentally viewing all manner of inappropriate content, including nudity, profanity and extreme violence. This can happen easily on shared accounts, as Netflix cannot establish who's watching.

BINGE-WATCHING

Netflix allows users to view shows and movies quickly and easily without adverts or interruptions, making excessive screen time a concern. Binge-watching has become more common during the pandemic, due to Netflix's regularly updated content and algorithms which recommend content very similar to what's previously been enjoyed. Marathon viewing sessions can lead to children staying up too late, affecting their mood and concentration the next day.

SCREEN ADDICTION

From TVs and phones to consoles and tablets, Netflix is available on almost any device with an internet connection – making it extremely difficult to manage children's screen time. The service is now adding games to its mobile app, tempting users to spend even more time on the platform. Screen addiction can distract children from important activities like schoolwork and socialising, and can impact their health by reducing their exercise and sleep.

HACKING ATTEMPTS

With millions of users worldwide, Netflix is often targeted by hackers who try to steal usernames and passwords to gain access to people's accounts. If successful, they can then steal payment details or try to sell stolen personal data on the dark web, providing other criminals with a profitable opportunity. Netflix also doesn't provide two-factor authentication, making the hackers' task that little bit easier.

CONTACT FROM STRANGERS

Netflix's Teleparty feature became popular during lockdown periods as it allows users from different households (friends and relatives, for example) to synchronise when they watch content. It requires an access link to be sent to the people you wish to invite; the link, however, can also be distributed to people you don't know. A text chat feature enables interaction with the other users in real-time; this represents a risk to children if a stranger gains access to the Teleparty.

Advice for Parents & Carers

KEEP ACCOUNTS SECURE

Netflix doesn't use two-factor authentication, so a strong password is vital. Your child's Netflix password should be unique (not one they've used elsewhere) and a minimum of eight characters with a mix of letters, numbers and symbols. Emphasise not to share their login details with anyone and remind them to always log out after using the app – so their account remains inaccessible, even if their device is lost or stolen.

SET UP PROFILE PINS

Netflix account holders can lock profiles using a four-digit PIN. Doing this can prevent your child from accessing the wrong account and viewing content that isn't appropriate for their age. Try setting a PIN for each account on your Netflix app – ideally avoiding numbers that would be easily guessed, such as dates of birth. Remember not to share these PINs with anyone, including family.

CHECK MATURITY RATING

Netflix warns about content that includes violence, sex, profanity and nudity. These warnings form part of the show or movie's 'maturity rating'. Users can restrict age ratings to avoid children viewing age-inappropriate content. On their profile, open the Profile and Parental Control settings and choose the maturity level for the shows and movies you want to allow.



CREATE A KIDS' PROFILE

Setting up a Netflix Kids experience profile means your child can only access content which is suitable for children aged up to 12 years. All other content is automatically blocked. This rating can be further restricted via the child's profile settings. Setting up a Netflix Kids experience profile will help to prevent your child from viewing age-inappropriate content.



SWITCH OFF AUTO-PLAY

When a show or movie concludes, Netflix's algorithms select content with similar themes that it thinks your child will enjoy next. This new content starts automatically after a 30-second countdown. Disabling this auto-play feature reduces the possibility of your child being shown something inappropriate and provides a natural break to help prevent them becoming too immersed in Netflix.

CHECK VIEWING HABITS

Netflix has tools which enable parents and carers to monitor what their child has been watching. Selecting 'Viewing Activity' in each profile's account settings displays a list of what content has been viewed (and when). This can reassure parents that their child is watching age-appropriate content and can open avenues for discussing your child's favourite shows and movies, and why they like them.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



NOS
National Online Safety®
#WakeUpWednesday

Sources: www.help.netflix.com | www.netflix.com | www.kidzworld.com



www.nationalonlinesafety.com



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